

**Your trusted guide and partner in staying mission ready and navigating military life**

**PROVIDE** military members and their families with tools and resources to become self sufficient and resilient

**GUIDE** members and families as they navigate their military careers together and strive for success

**EMPOWER** a ready and resilient force across the Department of the Air Force



DoD Transition Assistance Program



MyAirForceBenefits

Find your local Military & Family Readiness Center here:



## Contact

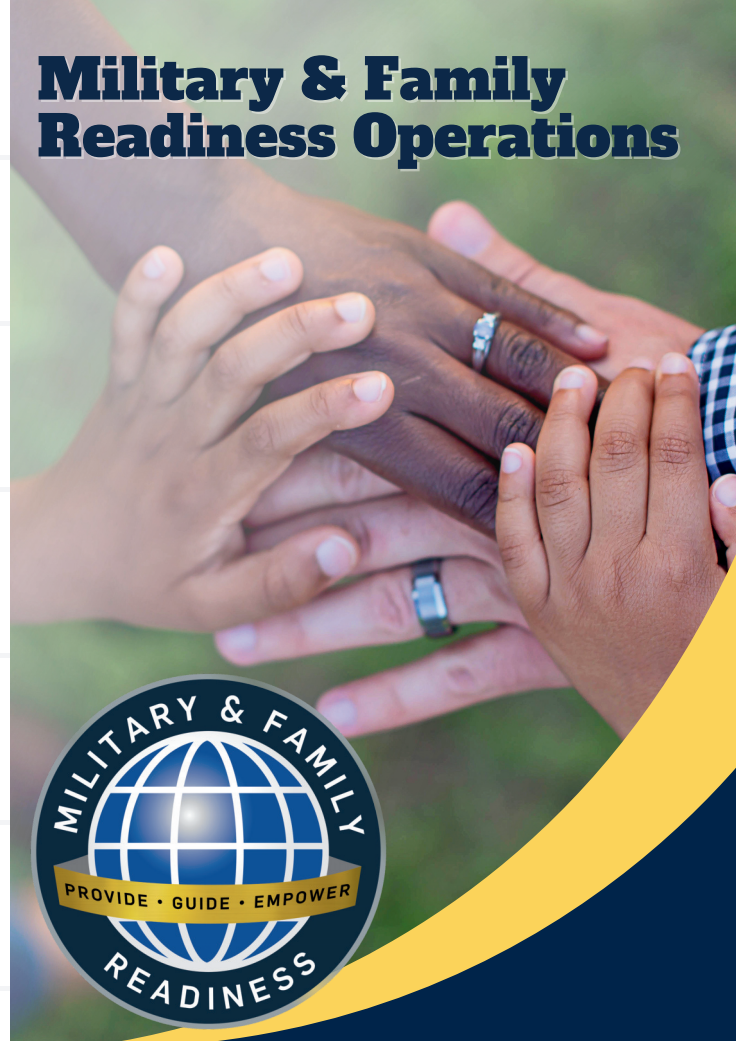


[www.afpc.af.mil/Military-and-Family/](http://www.afpc.af.mil/Military-and-Family/)



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## Military & Family Readiness Operations



- Provides operational guidance to installation Military & Family Readiness Centers (M&FRCs)
- Builds and provides core program foundational training to M&FRC professionals
- Supports MAJCOM leaders and offers M&FRC site visits
- Advocates for M&FRC resources

## Air Force Families Forever (AFFF)

Long-term survivor program established to provide support to eligible Next-of-Kin (NOK) of deceased Total Force Airmen/Guardians who died in an Active Duty, Inactive Duty for Training, or Annual Training status. Targeted contact and incremental outreach are provided by M&FRCs at the closest installation to where the survivor resides.

## Crisis Response

Helps military communities before, during and after disaster, crisis, and evacuation events. Crisis Support encompasses community disaster education, Emergency Family Assistance Center (EFAC), Evacuation Operations & Repatriation, and management of the needs assessment portion of the Air Force Personnel Accountability & Assessment System (AFPAAS).

## Deployment Support

Ensures the needs of Airmen, Guardians, and their families are identified and addressed through all phases of a deployment. To assist Commanders in this effort, M&FRCs are responsible for providing pre-deployment readiness briefings, education, and support to our Total Force throughout the deployment cycle.

## Employment Readiness

Assists customers in identifying and achieving their education and career goals through services that optimize skills such as career exploration, job search methods, resume writing, interview techniques, entrepreneurship, networking, and occupational licensure.

## Personal and Work Life Program (P&WL)

Designed to enrich and improve the quality of life for families and individuals. Workshop topics include communication, relationships, parenting, personal growth and development.

- **Commander's Key Support Liaison Program**

An official Air Force Unit Readiness Program designed to enhance personal and family readiness and resilience while establishing a sense of community.

- **Military Family Life Counselor (MFLC)**

Provides non-medical counseling; addressing life skills topics such as anger management, conflict resolution, parenting, parent and child communication, relationship issues, and marriage enrichment, as well as challenges with the military lifestyle, including deployment stress, reintegration, relocation adjustment, separation and loss.

## Personal Financial Readiness (PFR)

Offers information, education, and personal financial counseling to help Airmen, Guardians, and family members by providing foundational and more in-depth financial education throughout the military lifecycle. The M&FRCs also provide mandatory, by-law, financial readiness common military trainings that focus on improving financial literacy throughout the military lifecycle.

## Relocation Assistance Program (RAP)

Provides assistance, consultation, sponsorship training, and education to ease the personal and family stressors associated with a Permanent Change of Station (PCS) experienced by our Airmen, Guardians, civilians, and family members.

## Transition Assistance Program (TAP)

Provides service members and their spouses with information, tools, and training to ensure they are prepared for the next step in civilian life; whether pursuing an education, finding a career, or starting their own business. TAP is mandatory for all service members with at least 180 continuous days or more on active duty (including Guard & Reserve) and begins no later than 365 days prior to separation or retirement.

## Volunteer Resources

M&FRCs collaborate with other base agencies for the purpose of referring Airmen, Guardians, spouses, and other family members for volunteer opportunities.

## Federal Voting Assistance Program (FVAP)

Provides Airmen, Guardians, eligible family members, and overseas citizens with information and assistance on their right to vote, and ensures they have the tools and resources to successfully do so from anywhere in the world.

## DID YOU KNOW...

**The following programs are also included in our Military & Family Readiness Centers:**

### Casualty Assistance

Provides guidance to commanders, casualty representatives, family assistance representatives, and other support agencies to ensure prompt and accurate reporting, compassionate notification, and thorough assistance to the Next-of-Kin (NOK) and others designated to receive benefits and entitlements

### Survivor Benefit Plan (SBP)

Enables a portion of military retired pay to be paid to eligible beneficiaries upon a member's death. By law, all retiring service members and their spouses (if married) must receive an SBP briefing NLT 120 days prior to the approved retirement date.

### Exceptional Family Member Program- Family Support (EFMP-FS)

Provides comprehensive coordinated family support through the military and civilian community to enhance the quality of life of family members identified with special needs.

